

All boxers are required to have an Annual Membership to SBC after 4 trial sessions. No exceptions!



Tuesday:

17:00 - 18:00 = Junior Boxers (10 - 13yrs)
18:00 - 19:15 = Youth Boxers (14 - 17yrs)
19:15 - 20:45 = Senior Boxers (18yrs+)

Thursday:

17:00 - 18:00 = Junior Boxers (10 - 13yrs)
18:00 - 19:30 = Youth Boxers (14 - 17yrs)
19:15 - 20:45 = Senior Boxers (18yrs+)

Saturday:

09:00 - 09:45 = New Joiners (10 - 17yrs)
09:45 - 10:45 = Intermediate/Hobby Boxers (10 - 17yrs)
10:45 - 11:45 = Development Boxers (10 - 17yrs+)

Sunday:

10:00 - 12:00pm = Squad Boxers only (All)

All boxers must sign in and pay session fees before training!

TIMETABLE

2025/26

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Sports Clinic