

All boxers are required to have an Annual Membership to SBC after 4 trial sessions. No exceptions!



Tuesday:

17:00 - 18:00 = **Junior Boxers (10 - 13yrs)**

18:00 - 19:15 = **Youth Boxers (14 - 17yrs)**

19:15 - 20:45 = **Senior Boxers (18yrs+)**

Thursday:

17:00 - 18:00 = **Junior Boxers (10 - 13yrs)**

18:00 - 19:30 = **Youth Boxers (14 - 17yrs)**

19:15 - 20:45 = **Senior Boxers (18yrs+)**

Saturday:

09:00 - 09:45 = **New Joiners (10 - 17yrs)**

09:45 - 10:45 = **Intermediate/Hobby Boxers (10 -17yrs)**

10:45 - 11:45 = **Development Boxers (10 - 17yrs+)**

Sunday:

10:00 - 12:00pm = **Squad Boxers only (All)**

All boxers must sign in and pay session fees before training!



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Sports Clinic

TIMETABLE 2025/26